

2010 Maryland AAU Taekwondo Championship

Saturday March 27, 2010
Capital Clubhouse - Waldorf, Maryland



*Officials Meeting- 9:30am
Competition Begins -10:00am
Tournament entry fees:
\$65 for 1 or 2 events
\$75 for 3 events*

**Online Registration:
www.tourneyreg.net**

Join us for:

- * Forms
- * Point Sparring
- * Olympic Sparring

A current 2010 AAU membership card is mandatory for all Athletes, Coaches & Officials

Matted Rings & Electronic Scoring
By Matchtool

Championship Trophies will be awarded to
all divisions!



***This is a qualifier for the
2010 AAU Junior Olympic Games &
AAU Nationals***

***Mail Applications to: Southern
Maryland Martial Arts
P.O. Box 959 - Bryans Road, MD 20616
Mr. Scott Fiorillo (301) 934-3699
smtkd@yahoo.com***

2010 AAU Maryland District **Taekwondo Championship**

Date: Saturday March 27, 2010

Location: Capital Clubhouse, LLC - 3033 Marketplace - Waldorf, MD 20603

Entry Fee: \$65 for 1 or 2 events - \$75 for 3 events for registrations received by 3/23/09

Late Fee: \$20 per Application received between 3/24/10 & 3/26/10

Online registration: www.tourneyreg.net

NO DAY OF REGISTRATIONS WILL BE ACCEPTED!

Mail Registrations to: Southern Maryland Martial Arts
P.O. Box 959
Bryans Road, MD 20616 Phone - (301) 934-3699
E-mail: smtkd@yahoo.com Make checks payable to: "SFMA"

Event Schedule – Athletes should arrive 30 minutes prior to the start of your competition

9:30am – Officials Meeting

10:00am – Olympic sparring competition

1:00pm – Forms competition

3:00pm – Point sparring competition

Spectator Fee: \$5 per person - Ages 5 & Under are free

All competitors must be an AAU member for 2009-2010. Register at: www.aausports.org
Competitors may be required to present a valid AAU membership card at the time of staging.

AAU Taekwondo rules apply to all competition. Rulebook available at: www.aautaekwondo.org

Coaches: All coaches must take the required AAU Taekwondo Online Coaches Certification Course. Coaches must complete the course and bring their certification card with them to all AAU Taekwondo events in order to coach. NO EXCEPTIONS. Information on this course is available at www.aautaekwondo.org.

Awards: *Championship Trophies* awarded to the top 4 places in each division.

Uniforms: All competitors must wear a clean WHITE uniform only. Patches & screens are permitted. No rolled sleeves or cuffed pants. Black belts are allowed to wear a black V-neck collar, or have black trim on the lapels of their uniform.

Equipment: Point Sparring safety gear is MANDATORY: Foam dipped or vinyl Headgear, Handgear, Footgear and mouthpiece. A protective groin cup for males is also required. Forearm, shin guards and rib guards are optional. Optional equipment must be worn UNDER the uniform.

Olympic Sparring All competitors must wear an Olympic style chest protector, headgear, manufactured shin & instep protectors, forearm protectors and mouthguard. Males are also required to wear groin protection inside of their dobok.

Directions

From Northern Virginia:

I-495 (Capital Beltway)/I-95 North to Baltimore across Woodrow Wilson Bridge to Exit 3A MD Route 210 Indian Head

Continue on MD 210 approximately 10 miles to left exit/turn onto MD 228 toward Waldorf

Proceed approximately 7 miles to right turn onto Western Parkway (at Wawa)

Take first left into Waldorf Marketplace

Proceed behind A.C. Moore to Capital Clubhouse

From the North (Baltimore, Frederick, Laurel):

I-495 (Capital Beltway)/I-95 South to Richmond to Exit 7A-MD Route 5 toward Waldorf

Continue on MD 5/US 301 approximately 15 miles

Turn right on MD 228-Berry Road (approx. one mile past Acton Lane)

Turn left at first light into Waldorf Marketplace

Proceed behind Office Depot; follow service road to Capital Clubhouse parking lot.

From the South (Fredericksburg, Richmond):

US 301 north through La Plata

Continue approximately 12 miles to left turn onto Plaza Drive

Turn right at light onto Western Parkway

Take first right at light into Waldorf Marketplace

Proceed behind A.C. Moore to Capital Clubhouse

Hotel Information for Tournament

Hampton Inn Hotel - 3750 Crain Highway
Waldorf, Maryland, USA, 20603
301-632-9600

Marriott Courtyard - 3145 Crain Highway
Waldorf, MD 20603
301-885-3333

2010 Maryland AAU Taekwondo Championship March 27, 2010 – Capital Clubhouse – Waldorf, MD

Entry Fee: \$65 for one or two events, \$75 for three events

Entry Deadline- 3/23/10 – (Add \$20 late fee between 3/24 – 3/26)

No Day of Registration at the door

Mail completed entry form and fee to: Scott Fiorillo - P.O. Box 959 - Bryans Road, MD 20616

Make check or money order payable to: "SFMA"

Online Registration available at: www.tourneyreg.net

Athlete Name: _____ AAU membership no. _____

* All athletes MUST be a current AAU member - register online at: www.aausports.org *

Home Phone () _____ - _____ Email Address: _____

Instructors Name: _____ Martial Arts School: _____

ATHLETES RANK: (Check the appropriate category)

NOVICE: _____ White _____ Orange _____ Yellow

INTERMEDIATE: _____ Green _____ Blue _____ Purple

ADVANCED: _____ Brown _____ Red

BLACK BELT: _____ 1st Degree _____ 2nd Degree _____ 3rd Degree & Up

EVENT INFORMATION:

Competition Age (as of Aug 31, 2010) _____ Date of Birth: _____ SEX: M F
MM/DD/YYYY

EXACT WEIGHT: _____ LBS.

Check events you're competing in: _____ Forms _____ Point Sparring _____ Olympic Sparring

I hereby certify that I know and understand the rules, policies, and code of conduct for AAU Taekwondo. I certify that I have entered my self/child in the correct age (as of August 31, 2010) and belt grouping and that I/he/she is qualified to compete according to the specifications outlined in the AAU Taekwondo Handbook. I fully understand that any medical treatment given to me will be of a first aid treatment only. I agree to waive any claims against any persons, schools, associations connected with this Championship from any injuries I/my child may sustain and likewise assume full responsibility for all my/my child's actions in connection with the Championship. *If under 18 - must be signed by a parent/guardian.*

Competitor/Parent Signature: _____ Date: _____

2010 Maryland AAU TaeKwonDo Championship

Official's Application

PLEASE PRINT CLEARLY!

First NAME _____ Last NAME _____

HOME PH# _____ E-Mail _____

DATE OF BIRTH ____/____/____ AGE ____ BELT RANK: _____

AAU DISTRICT NAME _____

CURRENT AAU NUMBER (REQUIRED) _____

CERTIFICATION CLASS: (circle one) AA A B C D E

CERTIFICATION NUMBER _____

(Certification class & number is located online at aautaekwondo.org)

LAST CERTIFICATION CLINIC ATTENDED:

Date ____/____/____ Location _____ Instructor _____

Taekwondo School Affiliation:

Chief Instructor _____ School Name _____

Coaches Application

First NAME _____ Last NAME _____

CERTIFICATION NUMBER _____

In order to be on the competition floor, proof of 2010 AAU Coaches online certification must be displayed at check-in.

**I understand that I must be properly attired according to AAU rules:
Coaches – AAU Coaches Shirt, Uniform or Warm-Up Pants & Sneakers.**

Taekwondo School Affiliation:

Chief Instructor _____ School Name _____

Signature: _____